

MSSG1410: Foundations of Therapeutic Massage

Credit Hours: 90

Clock Hours: 32/58/0

This course will provide students with an understanding of the history and scope of massage practice. Students will be introduced to basic theories regarding massage and will learn to differentiate between multiple massage modalities, learn the form and functionality of body mechanics, and how the two interplay. Students will also be introduced to ethics and law as it relates to massage practice.