

MSSG1220: Practice & Review II

Credit Hours: 44

Clock Hours: 17/27/0

This is a lab course in which the student will continue building their mastery of the Swedish full body massage. The student will learn and practice differing massage modalities such as deep tissue, prenatal, and chair massage. The student will also be introduced to, and learn the application of hydrotherapy treatments, such as scrubs, and hot and cold treatments.